



ANNIE SELCHIYA.D

REGISTERED NURSE & MIDWIFE

Dedicated and compassionate Registered Nurse & Midwife with 3+ years of progressive clinical experience across psychiatry, general medicine, women's health, and fertility care. Committed to delivering high-quality patient-centered care, supporting multidisciplinary teams, and continuously developing clinical expertise.

Professional Experience

Dr. Aravind IVF Fertility Center *Sep 2025 – Present*

- Educated and guided patients through complex fertility treatment protocols, including medication schedules, dosages, and lifestyle modifications.
- Administered critical fertility medications, including time-sensitive trigger injections, ensuring strict adherence to cycle timelines.
- Monitored patient progress using ultrasound systems and assisted physicians during delicate procedures such as oocyte (egg) retrieval and embryo transfers.
- Tracked and monitored patient cycle progress, analyzing lab results and hormonal levels, and updating medical records systematically.
- Provided compassionate care, clear communication, and emotional support to couples navigating the IVF journey.

KC Multi Speciality Hospital *Jul 2024 – Sep 2025*

- Assisted in surgical and medical procedures, ensuring patient safety and smooth recovery.
- Supported gynaecology cases, including pre- and postnatal care, deliveries, and women's health procedures.
- Administered medications, monitored vital signs, and provided comprehensive patient education.
- Worked collaboratively with doctors and healthcare professionals to maintain quality care standards.

Arpudham Hospital, Thoothukudi *Jun 2023 – Jul 2024*

- Prepared patients for exams and treatment; administered medications and monitored for side effects and reactions.
- Implemented and evaluated patient care plans in collaboration with medical team.
- Performed wound care including cleaning and bandaging; maintained accurate patient records.

Be Well Hospital, Chennai *Aug 2022 – Feb 2023*

- Monitored infection control and critical incidents; implemented process improvements to enhance patient safety.
- Monitored and recorded patient condition, vital signs, recovery progress, and medication side effects.
- Coordinated and evaluated interdisciplinary care plans for diverse patient populations.

PSG Hospitals, Coimbatore *Feb 2022 – Jul 2022*

- Handled care, safety, and long-term health plans for 30+ psychotic patients in a psychiatric unit.
- Observed 50+ COVID patients' vital signs; administered physician-prescribed medications and treatments.
- Monitored respiratory status and ventilator operation for critical care patients.

Educational History

Diploma in General Nursing and Midwifery *2021*

AVM School of Nursing, Tuticorin | Dr. MGR University, Chennai
1ST Year: 59.6% | 2nd Year: 65% | 3rd Year: 67%

HSC – State Board *2018*

Govt Girls Hr. Sec School, Eral, Thoothukudi | 57.41%

SSLC – State Board *2016*

Govt Girls Hr. Sec School, Eral, Thoothukudi | 79%

CONTACT

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REGISTRATION

Nursing Reg: 259563

Midwife Reg: 259563

CLINICAL SKILLS

- Patient Care & Assessment
- Patient Transfer/Discharge
- Surgery Preparation
- Emergency & Acute Care
- Clinical Procedures
- Wound Care
- Medication Administration
- Fertility Treatment Protocols
- Ultrasound Monitoring
- Infection Control

PERSONAL SKILLS

- Self-motivated
- Good Communication
- Compassionate Care
- Planning & Organizing

LANGUAGES

English

Tamil

PERSONAL DETAILS

Gender: Female

DOB: 17/06/2001

INTERESTS

- Traveling
- Space Exploration
- Swimming
- Listening to Music