

RESUME



My Profile

Father's Name : Manavalan,
Date of Birth : 11/07/2001,
Gender : Female,
Nationality : Indian,
Religion : Christian,
Marital Status : Unmarried,
Profession : Staff Nurse

Permanent Address

No,167,Kamarajar street,
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Passport Details

Passport No: C8 179729
Date of issue: 13/02/2025
Date of Expiry: 12/02/2025
Place of issuance: Issued

Career Objective

.Motivated and compassionate registered nurse seeking a staff nursing position to apply clinical skills, enhance patient care, and contribute to a collaborative healthcare environment. Eager to work with multidisciplinary teams to improve patient outcomes and provide high-quality, empathetic care.

Work Profile (India)

- 1,Designation, **Staff Nurse,**
Work span, 01/10/2024 continue ..
Organization, Appolo hospital,Chennai.
- 2, Designation, **Staff Nurse,**
Work span, 27/03/2023 to 10/06/2024
Organization, MGM Health care, Chennai.
- 3, Designation, **Staff Nurse,**
Work span,
Organization, KRG Health care,Kumaratchi.

Educational Qualification

B.Sc., Nursing (2022) Annamalai University, Tamil Nadu-India

The B.Sc. Nursing course is a four-year undergraduate program that prepares students with theoretical knowledge and practical skills in nursing, healthcare management, patient care, and medical procedures, focusing on holistic healthcare delivery.

Computer Proficiency

- 1,D.C.A Ms-office (2022)

Professional Experience in various Hospitals

Job Responsibilities at MGM

- **Patient Care:** Provide direct and individualized nursing care to patients, including administering medications, monitoring vital signs, and assisting with daily activities like bathing, dressing, and feeding.
- **Clinical Assessments:** Perform routine physical assessments, document patient histories, and update patient charts, ensuring accurate information for medical teams.
- **Collaboration with Healthcare Team:** Work closely with doctors, specialists, and other healthcare professionals to develop and implement patient care plans.
- **Emergency Response:** Respond to emergency situations promptly and efficiently, providing first aid or life-saving interventions as needed while ensuring patient safety.
- **Patient Education:** Educate patients and their families on post-discharge care, disease management, and preventive healthcare practices to ensure optimal recovery.
- **Medication Management:** Administer prescribed medications, monitor for side effects, and maintain accurate medication records to ensure patient safety.
- **Infection Control:** Follow and enforce strict infection control protocols to prevent the spread of infections, ensuring a sterile and safe hospital environment for patients.

Job Responsibilities at Appolo Hospital.

- **Wound Care:** Provide specialized care for patients with wounds, including cleaning, dressing, and monitoring for signs of infection or complications.
- **Patient Admission and Discharge:** Assist with patient admission procedures, including taking initial assessments and collecting relevant medical information, as well as ensuring a smooth discharge process with proper documentation.
- **Monitoring Patient Progress:** Regularly monitor and document patient progress, including response to treatments and changes in condition, and communicate updates to the healthcare team.
- **Therapy:** Administer intravenous fluids, medications, and blood transfusions, ensuring accurate dosage and observing for adverse reactions.
- **Assisting with Diagnostic Procedures:** Assist physicians and specialists with diagnostic procedures and tests, ensuring patient comfort and safety during the process.
- **Emotional Support:** Provide emotional and psychological support to patients and their families, helping to ease their anxiety and address concerns regarding treatment and recovery.
- **Shift Handover Reports:** Effectively communicate patient status and care updates during shift changes to ensure continuity of care.
- **Quality Assurance:** Participate in regular training and audits to ensure compliance with hospital policies, regulatory requirements, and quality care standards.
- **Monitoring Equipment:** Ensure medical equipment is properly maintained and functioning, including checking for malfunctions or needed repairs.
- **Record Maintenance:** Maintain accurate and up-to-date patient records, including nursing notes, observations, and other critical documentation, in compliance with hospital protocols and legal requirements.

Language Proficiency,

English	Excellent
Tamil	Excellent
Telugu	(Spoken only)
Malayalam	(Spoken only)

Skills,

- **Patient Care Management:** Skilled in providing direct patient care, including assessments, medication administration, and monitoring vital signs to ensure patient well-being.
- **Clinical Expertise:** Proficient in executing medical procedures, wound care, and assisting in diagnostic tests with high attention to detail.
- **Critical Thinking:** Strong ability to assess patient conditions, make informed decisions, and respond to emergencies with calm and efficiency.
- **Patient Education:** Capable of educating patients and families on disease management, treatments, medications, and post-care instructions.
- **Communication Skills:** Excellent interpersonal communication skills, ensuring clear and compassionate interaction with patients, families, and the healthcare team.
- **Team Collaboration:** Experienced in working effectively within multidisciplinary teams to deliver

Declaration

I trust that my qualification and experience will suite you and I shall appreciate if you could give me a chance for the Job.

Thank you.

Your's
(Malarvizhi Manavalan)